



Counseling Request

طلب استشارة

Idris Mosque offers counseling for individuals and families. Send this form to askus@idrismosque.com or bring it to the mosque, and we will contact you to arrange a time.

For emergency counseling for a death or someone who is dying, please call (206) 949-4099. You can type into this form or print it and write by hand.

1. ABOUT YOU

Full name

Date submitted

Phone

Email

Best time to contact you

Counseling requested for:

☐

Individual

☐

Family

Referred by:

☐

Self

☐

Agency

☐

Other

If referred by an agency or someone else, please give their name

Preferred appointment date / time

2. YOUR REQUEST

Please describe the reason for the counseling request

Has there been any previous counseling with any agency or private individual?

☐

Yes

☐

No

If yes: when, and with whom or where

How did you hear about the mosque's counseling services?



Counseling Request (continued)

Additional information or comments

3. SIGNATURE

The information on this form is used to arrange your appointment and is shared only with the mosque staff who handle counseling requests.

Signature — signature

Date

FOR MOSQUE USE ONLY

Date received

Assigned to

Appointment date

Notes